

LAKE PLEASANT REGIONAL PARK

MONTHLY PROGRAMS

PARK HOURS:

Open 24 hours - 365 days a year

NATURE CENTER HOURS:

Monday - Sunday: 10 a.m. – 5 p.m.

ADMIN. OFFICE HOURS:

Monday – Friday: 8 a.m. – 4 p.m.

PARK FEES:

Day-use vehicle entry fee: \$6
Per motorized watercraft: \$4
Per non-motorized watercraft: \$2
Developed campsites: \$30 per night
Semi-developed campsites: \$20 per night
Shoreline camping: \$12 per night

ONLINE RESERVATIONS:

<http://www.maricopacountyparks.org/>

WEBSITE:

http://www.maricopa.gov/parks/lake_pleasant/

DIRECTIONS:

From central Phoenix, take I-17 north to Carefree Highway (SR 74). Exit Carefree Hwy. and travel west 15 miles to Castle Hot Spring Road at mile post 19. Travel north to Lake Pleasant Regional Park entrance.



Maricopa County

Parks and Recreation Dept.
Lake Pleasant Regional Park
41835 N. Castle Hot Springs Rd.
Morristown, AZ 85342
Entry Station: 1 (928) 501-1710
Fax: (602) 372-7465
lakepleasant@mail.maricopa.gov



OCTOBER FEATURED PROGRAMS

"Sunrise Lookout" Hike to Yavapai Point – Meets at the Cottonwood Day Use Area Trailhead

Date: 10/2/2015 **Time:** 7 a.m.

Description: We will be hiking on one of the most scenic trails in the whole park! From this trail we will see the entire lake and fantastic views of the park. This is a moderate trail with a few steep places. Please be in somewhat of good hiking shape for attending this hike. We will meet at the Cottonwood Day Use Area/Trailhead. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip. Wear good hiking shoes, bring water, a snack, and camera. The ranger will see you at the trailhead for a scenic adventure!

Core: Health & Fitness

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Hike Into a Desert Forest! at Lake Pleasant – Meets at East Parking lot of 10 lane boat ramp

Date: 10/9/2015 **Time:** 7 a.m.

Description: Want to go on a fun super cool hike? Well come join the ranger on this fun hike and see some pretty cool stuff and stay cool too! This hike is great for the whole family, and we will be hiking by a creek, so we might splash some water on us at the creek crossings to keep cool, and that's cool! Please keep in mind it is 4 miles and will take at least three hours. At least one mile of this hike is in the shade and because of going up a

hill at the end, we rate this a moderate hike. For questions call the ranger.

Core: Plants

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Shoreline Fishing Talk by Fisherman Frank – Follow in-park program signs.

Date: 10/24/2015 **Time:** 10 a.m.

Description: Come learn a few tips from our Naturalist and fisherman Frank Meyerholtz, who will share his experience fishing from the shoreline at Lake Pleasant. This program starts at 10am and Frank will share his fishing information as long as someone is around to learn. Follow the in-park signs, from the main contact station, to the location of Frank's talk.

Core: Outdoor Skills

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Freaky Friday Flashlight Hike and Scorpion Hunt – Follow in-park program signs.

Date: 10/30/2015 **Time:** 6 p.m.

Description: Let's go on a fun Scary hike! Come join the ranger on this fun dark spooky flashlight hike and see some cool areas of the park and maybe a few scorpions too! This hike is rated moderate, and will last three hours. Please keep in mind it is 4 miles and has a good hill at the end. Bring water, a snack, a flashlight, black light flashlight if you have one, and wear good hiking shoes. For questions call the ranger.

Core: Animals

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OCTOBER PROGRAMS

"Sunrise Lookout" Hike to Yavapai Point – Meets at the Cottonwood Day Use Area Trailhead

Date: 10/2/2015 **Time:** 7 a.m.
Description: We will be hiking on one of the most scenic trails in the whole park! From this trail we will see the entire lake and fantastic views of the park. This is a moderate trail with a few steep places. Please be in somewhat of good hiking shape for attending this hike. We will meet at the Cottonwood Day Use Area/Trailhead. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip. Wear good hiking shoes, bring water, a snack, and camera. The ranger will see you at the trailhead for a scenic adventure!

Core: Health & Fitness

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Sunset Flashlight Hike to Yavapai Point – Meets at the Cottonwood Day Use Area Trailhead

Date: 10/8/2015 **Time:** 6 p.m.
Description: Let's see the sunset over the entire Lake Pleasant! From this trail we will see fantastic views of the lake and then hike back by flashlight! This is a moderate trail with a few steep places. Please be in somewhat of good hiking shape for attending this hike. We will meet at the trailhead near the restrooms at Cottonwood Day Use Area. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip. Wear good hiking shoes, bring water, a snack, and a flashlight. Once close to the park follow the "Hike" signs. The ranger will see you at the trailhead for a scenic adventure!

Core: Health & Fitness

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Hike Into a Desert Forest! at Lake Pleasant – Meets at East Parking lot of 10 lane boat ramp

Date: 10/9/2015 **Time:** 7 a.m.
Description: Want to go on a fun super cool hike? Well come join the ranger on this fun hike and see some pretty cool stuff and stay cool too! This hike is great for the whole family, and we will be hiking by a creek, so we might splash some water on us at the creek crossings to keep cool, and that's cool! Please keep in mind it is 4 miles and will take at least three hours. At least one mile of this hike is in the shade and because of going up a hill at the end, we rate this a moderate hike. For questions call the ranger.

Core: Plants

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Fun with a Bow - Archery 101 7 a.m. Class – Once inside park follow the "Archery" signs.

Date: 10/10/2015 **Time:** 7 a.m.
Description: Learn to shoot recurve and compound bows. This 1.5 hour class is the first step in learning archery. Wear comfortable clothes, closed toe shoes and bring some cold water. All equipment is provided. There is water and bathrooms available near the range. Call (602) 372-7470 ext. 211 for questions. No need to sign up, just show up! Once inside the park follow the "Archery 101" signs from the main contact station to the archery program.

Core: Outdoor Skills

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Fun with a Bow - Archery 101 9 a.m. Class – Once inside park follow the "Archery" signs.

Date: 10/10/2015 **Time:** 9 a.m.
Description: Learn to shoot recurve and compound bows. This 1.5 hour class is the first step in learning archery. Wear comfortable clothes, closed toe shoes and bring some cold water. All equipment is provided. There is water and bathrooms available near the range. Call (602) 372-7470 ext. 211 for questions. No need to sign up, just show up! Once inside the park follow the "Archery 101" signs from the main contact station to the archery program.

Core: Outdoor Skills

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Desert Awareness and Park Information – Follow the in-park program signs.

Date: 10/10/2015 **Time:** 2 p.m.
Description: Stop by the south Pipeline Canyon Trailhead between 2 p.m. and 3 p.m. and learn from the ranger about desert awareness and pick up information about the park.

Core: Outdoor Skills

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Cottonwood Trail Exploring – Meet at the Cottonwood Day Use Area Trailhead.

Date: 10/16/2015 **Time:** 7 a.m.
Description: Come explore this fairly easy trail and see if you can spot wildlife with the ranger. From this trail we will most likely encounter wildlife, it is one of the less traveled in the park. We will meet at the Cottonwood Day Use Area / Trailhead. We will be hiking the 2.5 mile round trip Cottonwood Trail. Wear good hiking shoes, bring water and a snack. The ranger will see you at the trailhead for a fun adventure!

Core: Animals

Exploring the Beardsley Trail South - 10 Lane East Parking Area – Look for the "Hike" signs inside the park

Date: 10/22/2015 **Time:** 7 a.m.
Description: Let's go hiking on this fun trail! You will see all sorts of views from this trail and the hiking is a moderate 4 miles. Meet the ranger at the 10-lane east parking area, look for the "Hike" signs once inside the park. Don't forget your water, sun protection and a small snack.
Core: Health & Fitness

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Lake Pleasant and the Central Arizona Project Connection – Follow in-park program signs.

Date: 10/22/2015 **Time:** 2 p.m.
Description: Come explore the history of water at Lake Pleasant. Lake Pleasant has seen many changes and it now plays an important role in the future water needs of Southern Arizona, through the Central Arizona Project connection. Follow the in-park program signs to this ranger talk.

Core: Archaeology & History

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Pleasant Paddlers Program - Exploring the Islands of Lake Pleasant – For Experienced Paddlers

Date: 10/23/2015 **Time:** 7 a.m.
Description: If you have your own kayak, Canoe or SUP join the Ranger and the Pleasant Paddlers Program for a fun time exploring the islands of Lake Pleasant. For this paddle you must have your own equipment and have had some experience paddling. We will meet and launch from the end of Desert Tortoise Road, look for the in-park signs from the contact station. You must wear a life vest. Also bring plenty of water and sun protection. We will make a few stops on some of the islands, so bring a snack too. Call for questions (602) 372-7470 ext. 211.

Core: Aquatics

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Shoreline Fishing Talk by Fisherman Frank – Follow in-park program signs.

Date: 10/24/2015 **Time:** 10 a.m.
Description: Come learn a few tips from our Naturalist and fisherman Frank Meyerholtz, who will share his experience fishing from the shoreline at Lake Pleasant. This program starts at 10am and Frank will share his fishing information as long as someone is around to learn. Follow the in-park signs, from the main contact station, to the location of Frank's talk.

Core: Outdoor Skills

LAKE PLEASANT REGIONAL PARK CALENDAR OF EVENTS

Hike and Splash – Follow in-park signs to program.

Date: 10/24/2015 **Time:** 12 p.m.

Description: Come dressed to get wet! Please bring water, sunscreen, a snack, and wear water shoes that will stay on your feet (no flip flops). Old sneakers that you do not mind getting wet and muddy are OK too. This program is a fun family hike and swim, which is very well attended in the summer months. Here is what to expect: we first fit everyone for a life vest (loaner PFDs are available at the trailhead or you may bring your own). Then we take an easy hike to the water, put on our life vest, and enjoy a "water hike" in the water to cool us down. Once we are all cool, we will hike to the parking lot and be mostly dry by the time we get there. This easy hike is about 1/2 mile each way and the program last about two hours.

Core: Aquatics

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Freaky Friday Flashlight Hike and Scorpion Hunt – Follow in-park program signs.

Date: 10/30/2015 **Time:** 6 p.m.

Description: Let's go on a fun Scary hike! Come join the ranger on this fun dark spooky flashlight hike and see some cool areas of the park and maybe a few scorpions too! This hike is rated moderate, and will last three hours. Please keep in mind it is 4 miles and has a good hill at the end. Bring water, a snack, a flashlight, black light flashlight if you have one, and wear good hiking shoes. For questions call the ranger.

Core: Animals

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Pleasant Paddlers Program - Easy Halloween Paddle Tour of Lake Pleasant – Follow in-park program signs.

Date: 10/31/2015 **Time:** 8 a.m.

Description: Come join the ranger on this easy guided paddle on the waters of Lake Pleasant. This paddle is aimed as a social paddle at a slower pace and will be under four miles and three hours. Bring your own paddle craft or call ahead and rent one. Rental kayaks and rental stand-up paddle boards (including paddlecraft, life vest and paddle) may be available by calling park staff at (928) 501-1710, for more details. Everyone on this tour must wear a life vest. Bring plenty of water and a snack. Dress to get wet and stay cool. We will be meeting at the end of the Desert Tortoise Road, look for the "Pleasant Paddlers Program" signs. We meet at 8am and want to launch by 8:30am.

Core: Aquatics

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STAFF:

Park Supervisor: David Jordan

Interpretive Ranger: Terry Gerber

Admin Staff: Chris Simpson, David Chatfield, Cheryl Kidd, Grady Van Popering, Laura Jo Boyd, and Jessica Scalzitti

Park Maintenance: Larry Beil, Jim Apthorp, Thomas Rychtik, and Alma Izaguirre

Nav Aid Techs.: Kyle Randall and Charlie Sizer

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MESSAGE FROM THE PARK SUPERVISOR:

Thank you for your continued support and interest in Lake Pleasant Regional Park. We realize that you have a choice when it comes to selecting recreation venues and appreciate your business! David Jordan

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WHAT TO BRING:

Please wear sturdy shoes (closed-toe), dress appropriately for the weather and bring more water than you think you will need. See descriptions for specifics. Notes: Fees for guided hikes and programs are included in the park entry fee of \$6 per vehicle or with your annual pass. Reservations are not required unless specified in the program description. Hikes/programs are canceled if heavy inclement weather is imminent. If possible, canceled hikes will be posted on the website –

www.maricopa.gov/parks

